

## September 2017 Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Cinnamon rolls, cereal, fruit, juice & milk	2
3	4 NO SCHOOL Labor Day	5 Muffins, cereal, fruit, juice & milk	6 Breakfast bites, cereal, fruit, juice & milk	7 Poptarts, cereal, fruit, juice & milk	8 Fruit turnovers, cereal, fruit, juice & milk	9
10	11 Breakfast pizza, cereal, fruit, juice & milk	12 Breakfast bars, cereal, fruit, juice & milk	13 Waffle sticks, cereal, fruit, juice & milk	14 Breakfast burritos, cereal, fruit, juice & milk	15 Cinnamon rolls, cereal, fruit, juice & milk	16
17	18 Breakfast bars, cereal, fruit, juice & milk	19 Pancakes w/syrup, cereal, fruit, juice & milk	20 Biscuits & gravy, cereal, fruit, juice & milk	21 Breakfast wrap, cereal, fruit, juice & milk	22 Donuts, cereal, fruit, juice & milk	23
24	25 French toast, cereal, fruit, juice & milk	26 Fruit turnovers, cereal, fruit, juice & milk	27 Scrambled eggs, toast, cereal, fruit, juice & milk	28 Biscuits, sausage patty, cereal, fruit, juice & milk	29 Cinnamon rolls, cereal, fruit, juice & milk	30

*Elementary Students will receive  $\frac{3}{4}$  cup vegetables,  $\frac{1}{2}$  cup of fruit everyday and  $\frac{1}{2}$  cup dark green vegetables per week.*