

October Breakfast 2017

Mon	Tue	Wed	Thu	Fri
2 Breakfast bar, cereal, juice/fruit, & milk	3 Muffins, cereal, juice/fruit, & milk	4 Omelet, toast, cereal, juice/fruit, & milk	5 Cereal bar, yogurt, juice/fruit, & milk	6 No School
9 Breakfast burritos, cereal, juice/fruit, & milk	10 Fruit turnovers, cereal, juice/fruit, & milk	11 Biscuits/gravy, cereal, juice/fruit, & milk	12 Cooks Choice	13 Donuts, cereal, juice/fruit, & milk
16 Breakfast wrap, cereal, juice/fruit, & milk — Mapleton Cooks choice—Anthon	17 Muffins, cereal, juice/fruit, & milk	18 Breakfast pizza, cereal, juice/fruit, & milk	19 French toast, cereal, juice/fruit, & milk	20 Cinnamon rolls, cereal, juice/fruit, & milk
23 Breakfast bites, cereal, juice/fruit, & milk	24 Cereal bar, yogurt, juice/fruit, & milk	25 Omelet, toast, cereal, juice/fruit, & milk	26 Fruit turnovers, cereal, juice/fruit, & milk	27 Donuts, cereal, juice/fruit, & milk
30 Poptarts, cereal, juice/fruit, & milk	31 Pancakes, cereal, juice/fruit, & milk			

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