

## November 2017 Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Sausage, toast, cereal, juice, fruit, & milk	2 Breakfast bar, cereal, juice, fruit, & milk	3 NO SCHOOL	4
5	6 Breakfast pizza, cereal, juice, fruit, & milk	7 Cook's Choice	8 Biscuits/gravy, cereal, juice, fruit, & milk	9 Cereal bar, yogurt, juice, fruit, & milk	10 Donuts, cereal, juice, fruit, & milk	11
12	13 Waffle sticks, cereal, juice, fruit, & milk	14 Breakfast burritos, cereal, juice, fruit, & milk	15 Muffins, cereal, juice, fruit, & milk	16 Poptarts, cereal, juice, fruit, & milk	17 Cinnamon rolls, cereal, juice, fruit, & milk	18
19	20 Fruit turnovers, cereal, juice, fruit, & milk	21 Pancakes, cereal, juice, fruit, & milk	22 Breakfast bar, cereal, juice, fruit, & milk	23 NO SCHOOL	24 NO SCHOOL	25
26	27 Muffins, cereal, juice, fruit, & milk	28 French toast, cereal, juice, fruit, & milk	29 Omelets, toast, cereal, juice, fruit, & milk	30 Breakfast bites, cereal, juice, fruit, & milk		

*Elementary Students will receive  $\frac{3}{4}$  cup vegetables,  $\frac{1}{2}$  cup of fruit every day and  $\frac{1}{2}$  cup dark green vegetables per week.*