

March 2018 Breakfast Menu

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|---|---|--|----------|
| | | | | 1 Breakfast bar, cereal, fruit & juice, & milk | 2 Donuts, cereal, fruit & juice, & milk | 3 |
| 4 | 5 Muffins, cereal, fruit & juice, & milk | 6 Egg/cheese omelet, toast cereal, fruit & juice, & milk | 7 Breakfast pizza, cereal, fruit & juice, & milk | 8 Waffle sticks, cereal, fruit & juice, & milk | 9 Cinnamon roll, cereal, fruit & juice, & milk | 10 |
| 11 | 12 Breakfast bites, cereal, fruit & juice, & milk | 13 Cereal bar, yogurt, fruit & juice, & milk | 14 Biscuits & gravy, cereal, fruit & juice, & milk | 15 French toast , cereal, fruit & juice, & milk | 16 Donuts, cereal, fruit & juice, & milk | 17 |
| 18 | 19 Breakfast burritos, cereal, fruit & juice, & milk | 20 Pancakes, cereal, fruit & juice, & milk | 21 Breakfast bar, cereal, fruit & juice, & milk | 22 Sausage patty, biscuits, cereal, fruit & juice, & milk | 23 Cinnamon roll, cereal, fruit & juice, & milk | 24 |
| 25 | 26 Breakfast bites, cereal, fruit & juice, & milk | 27 Muffins, cereal, fruit & juice, & milk | 28 Sausage, toast, cereal, fruit & juice, & milk | 29 Poptarts, cereal, fruit & juice, & milk | 30 NO SCHOOL | |

Elementary Students will receive $\frac{3}{4}$ cup vegetables, $\frac{1}{2}$ cup of fruit everyday and $\frac{1}{2}$ cup dark green vegetables per week.

Maple Valley - Anthon Oto Community School District Civil Rights - Notice of Nondiscrimination

It is the policy of the Maple Valley - Anthon Oto Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity or socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact Shari Blake, 501 South 7th Street, 712-881-1315, sblake@mvaoschool.org.