

January 2018 Lunch Menu

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---|---|---|--|----------|
| | 1 NO SCHOOL | 2 NO SCHOOL | 3 Cheeseburger, fries, baked beans, pears, & milk | 4 Chili/crackers, cinnamon rolls, veggie sticks, fresh fruit, & milk | 5 Hot dogs, chips, peas, peaches, & milk | 6 |
| 7 | 8 Mac & cheese, smokies, peas, mixed fruit, & milk | 9 Chicken fried steak, mashed pot/gravy, bread & butter, green beans, pears, & milk | 10 Pizza, corn, peaches, pudding cup, & milk | 11 Chicken alfredo, lettuce salad, garlic toast, mandarin oranges, & milk | 12 Taverns, potato, carrots, applesauce, & milk | 13 |
| 14 | 15 Creamed chicken over biscuits, peas, pears, ice cream, & milk | 16 Weiner winks, tri tater, green beans, peaches, & milk | 17 Breaded pork sand, fries, carrots, fruit, & milk | 18 Veg beef soup/crackers, ham sand, jello, fresh fruit, & milk | 19 Chicken nuggets, potato wedges, baked beans, applesauce, & milk | 20 |
| 21 | 22 Chicken sand, tri tater, peas, pineapple, & milk | 23 Tater tot casserole, dinner roll, corn, peaches, & milk | 24 McRibb, fries, green beans, tropical fruit, & milk | 25 Orange chicken, broccoli, rice, fortune cookie, & milk | 26 Tomato soup, grilled cheese, veggie sticks, fruit, & milk | 27 |
| 28 | 29 Scalloped potatoes & ham, bread & butter, corn, cheese stick, mandarin oranges, & milk | 30 Spaghetti w/ meat sauce, garlic toast, coleslaw, peaches, & milk | 31 Teriyaki chicken sand, tri tater, green beans, pears, & milk | | | |

Elementary Students will receive $\frac{3}{4}$ cup vegetables, $\frac{1}{2}$ cup of fruit everyday and $\frac{1}{2}$ cup dark green vegetables per week.