

January 2018 Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NO SCHOOL	2 NO SCHOOL	3 Muffins, cereal, fruit & juice, & milk	4 Poptarts, cereal, fruit & juice, & milk	5 Fruit turnovers, cereal, fruit & juice, & milk	6
7	8 Breakfast bites, cereal, fruit & juice, & milk	9 Pancakes, cereal, fruit & juice, & milk	10 French toast, cereal, fruit & juice, & milk	11 Sausage, toast, cereal, fruit & juice, & milk	12 Donuts, cereal, fruit & juice, & milk	13
14	15 Waffle sticks, cereal, fruit & juice, & milk	16 Breakfast burrito, cereal, fruit & juice, & milk	17 Biscuits/gravy, cereal, fruit & juice, & milk	18 Breakfast bar, cereal, fruit & juice, & milk	19 Cinnamon roll, cereal, fruit & juice, & milk	20
21	22 Breakfast pizza, cereal, fruit & juice, & milk	23 Waffle sticks, cereal, fruit & juice, & milk	24 Egg & cheese omelet, cereal, fruit & juice, & milk	25 Cereal bar, yogurt, fruit & juice, & milk	26 Muffins, cereal, fruit & juice, & milk	27
28	29 Breakfast burritos, cereal, fruit & juice, & milk	30 Poptarts, cereal, fruit & juice, & milk	31 Sausage patty & biscuit, cereal, fruit & juice, & milk			

Elementary Students will receive $\frac{3}{4}$ cup vegetables, $\frac{1}{2}$ cup of fruit everyday and $\frac{1}{2}$ cup dark green vegetables per week.