

August 2017 Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 Muffins, cereal, fruit, juice & milk	24 French toast, cereal, fruit, juice & milk	25 Donuts, cereal, fruit, juice & milk	26
27	28 Fruit turnover, cereal, fruit, juice & milk	29 Poptarts, cereal, fruit, juice & milk	30 Breakfast bar, cereal, fruit, juice & milk	31 Egg & cheese omelet, toast, cereal, fruit, juice & milk		

Elementary Students will receive $\frac{3}{4}$ cup vegetables, $\frac{1}{2}$ cup of fruit everyday and $\frac{1}{2}$ cup dark green vegetables per week.